



## **THE IMPACT OF ST. JOSEPH SPIRITUALITY CENTER**

*To foster adult spiritual development for the wholeness and holiness of the human person.*

Founded 34 years ago, the St Joseph Spirituality Center continues to address the spiritual enrichment of adults in our community through its individual and group meetings, its retreats, its peer supervision groups and its outreach programs for education and social awareness.

Highlights from 2016-2017 which impacted over 600+ lives in the below areas are:

- 128 group Spiritual Direction sessions
- 9 Sessions of Peer Directors support groups
- 3 Ecumenical workshops
- 5 Teaching Series
- 1252 Individual Spiritual Direction sessions
- 1 Silent Retreat
- 4 Directed Retreats
- 1 Facilitation of Deacons' Retreat
- 35 workshops.

As one individual session participant said, “...*these are sacred and reverent meetings where we share what God is doing in our lives. It is a process of spiritual growth and of healing. We learn from each other how to be the best in being the vehicle of the Holy Spirit, who is THE Spiritual Director*”